

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 70 years in the making.



September 4th 2025

Oceania Masters Athletics 2025 Championships 6-10 September at the SAC, Brisbane



All the best to our Masters race walkers participating in the Oceania Masters Athletics Championships starting with the 10 km on the ring road at QSAC on Saturday. Thank you to our club members who have volunteered to assist in the running of the event. If you have any spare time on Saturday morning please come long to QSAC to help out with the lapscoreing or to cheer the athletes on.

Walks Programme & Entry Lists

Saturday September 6th

8.00am 10km Road Walk M/W Ring Road QSAC

Hamed Zoudfekr M30 IRAN 10km Road Walk
Mojtaba Babaei M35 IRAN 10km Road Walk
Saeid Mahmoudi M35 IRAN 10km Road Walk
Hossein Javadi M40 IRAN 10km Road Walk
Esmaeil Asgharzadeh M45 IRAN 10km Road Walk
Naser Dej M45 IRAN 10km Road Walk
Dean Nipperess M50 Australia 10km Road Walk
Pramesh Prasad M50 Australia 10km Road Walk
Argenis Guevara M55 Australia 10km Road Walk
Michael Smith M55 Australia 10km Road Walk
Ignacio Jimenez - Solis M60 Australia 10km Road Walk
Paul Lindenberg M60 Australia 10km Road Walk
Peter Bennett M65 Australia 10km Road Walk
Terry O'Neill M65 Australia 10km Road Walk
Chris Pollard M65 Australia 10km Road Walk
Eric Kemsley M70 New Zealand 10km Road Walk

John Nottle M70 Australia 10km Road Walk
Andrew Jamieson M75 Australia 10km Road Walk
George White M80 Australia 10km Road Walk
Patrick Sela M85 Australia 10km Road Walk
Roslyn Kirwin W35 Australia 10km Road Walk
Dash Newington W40 Great Britain & NI 10km Road Walk
Michelle Bray W40 Australia 10km Road Walk
Vicky Jones W45 New Zealand 10km Road Walk
Kate Morris W45 Australia 10km Road Walk
Brenda Gannon W50 Ireland 10km Road Walk
Mina Borah W50 INDIA 10km Road Walk
Joy Dale W50 Australia 10km Road Walk
Nyle Sunderland W55 New Zealand 10km Road Walk
Donna-Marie Elms W60 Australia 10km Road Walk
Ann Jugovic W60 Australia 10km Road Walk
Anne Weekes W60 Australia 10km Road Walk
Antoinette Woodward W65 Australia 10km Road Walk
Karyn O'Neill W70 Australia 10km Road Walk
Julie Wilson W70 Australia 10km Road Walk
Marlene White W75 New Zealand 10km Road Walk
Jacqueline Wilson W75 New Zealand 10km Road Walk
Daphne Jones W80 New Zealand 10km Road Walk
Noela McKinven W80 Australia 10km Road Walk
Gwen Steed W80 Australia 10km Road Walk
Judith Kenyon W85 Australia 10km Road Walk

Monday September 8th

9.00am 1,500 metre Track Walk W60+

9.15am 1,500 metre Track Walk M60+

9.30am 1,500 metre Track Walk W30-59

9.45am 1,500 metre Track Walk M30-59

Arunan Arumainayagam M45 Australia 1500m Walk

Malachi MacKay M45 Australia 1500m Walk

David Styles M45 Australia 1500m Walk

Shane Wylie M45 Australia 1500m Walk

Canon Yeates M50 New Zealand 1500m Walk

Shane Pearson M50 Australia 1500m Walk

Dean Nipperess M50 Australia 1500m Walk

Pramesh Prasad M50 Australia 1500m Walk

Peter Sharpe M55 Great Britain & NI 1500m Walk

Argenis Guevara M55 Australia 1500m Walk

Grant Murfett M55 Australia 1500m Walk

Michael Smith M55 Australia 1500m Walk

Ignacio Jimenez - Solis M60 Australia 1500m Walk

Paul Lindenberg M60 Australia 1500m Walk

Robert Mason M60 Australia 1500m Walk

Peter Bennett M65 Australia 1500m Walk

Simon Evans M65 Australia 1500m Walk

Terry O'Neill M65 Australia 1500m Walk

Chris Pollard M65 Australia 1500m Walk

Eric Kemsley M70 New Zealand 1500m Walk

Tapendra S Sokhi M70 New Zealand 1500m Walk

John Nottle M70 Australia 1500m Walk

Andrew Jamieson M75 Australia 1500m Walk

Selwyn Hawken M80 Australia 1500m Walk

George White M80 Australia 1500m Walk
Patrick Sela M85 Australia 1500m Walk
Sarah-Amy Rhind W30 New Zealand 1500m Walk
Trish Hibbs W30 Australia 1500m Walk
Jodie Wilson W30 Australia 1500m Walk
Roslyn Kirwin W35 Australia 1500m Walk
Dash Newington W40 Great Britain & NI 1500m Walk
Michelle Bray W40 Australia 1500m Walk
Jess Dux W40 Australia 1500m Walk
Melissa Percy W40 Australia 1500m Walk
Vicky Jones W45 New Zealand 1500m Walk
Kate Morris W45 Australia 1500m Walk
Cassie Neubauer W45 Australia 1500m Walk
Joy Dale W50 Australia 1500m Walk
Donna Palmer W50 Australia 1500m Walk
Nyle Sunderland W55 New Zealand 1500m Walk
Jodie Craswell W55 Australia 1500m Walk
Sandy Hoy W55 Australia 1500m Walk
Kim Peak W55 Australia 1500m Walk
Lynda Nilsson W60 Australia 1500m Walk
Donna-Marie Elms W60 Australia 1500m Walk
Ann Jugovic W60 Australia 1500m Walk
Anne Weekes W60 Australia 1500m Walk
Alison Newall W65 New Zealand 1500m Walk
Jenn McLean W65 Australia 1500m Walk
Antoinette Woodward W65 Australia 1500m Walk
Liz Neubauer W70 Australia 1500m Walk
Karyn O'Neill W70 Australia 1500m Walk
Julie Wilson W70 Australia 1500m Walk
Marlene White W75 New Zealand 1500m Walk
Jacqueline Wilson W75 New Zealand 1500m Walk
Daphne Jones W80 New Zealand 1500m Walk
Noela McKinven W80 Australia 1500m Walk
Lynne Schickert W80 Australia 1500m Walk
Gwen Steed W80 Australia 1500m Walk

Wednesday September 10th

8.00am 5,000 metre Track Walk W30+

8.45am 5,000 metre Track Walk M30+

David Styles M45 Australia 5000m Walk
Dean Nipperess M50 Australia 5000m Walk
Pramesh Prasad M50 Australia 5000m Walk
Shane Pearson M50 Australia 5000m Walk
Argenis Guevara M55 Australia 5000m Walk
Michael Smith M55 Australia 5000m Walk
Peter Sharpe M55 Great Britain & NI 5000m Walk
Ignacio Jimenez - Solis M60 Australia 5000m Walk
Paul Lindenberg M60 Australia 5000m Walk
Chris Pollard M65 Australia 5000m Walk
Peter Bennett M65 Australia 5000m Walk
Simon Evans M65 Australia 5000m Walk
Terry O'Neill M65 Australia 5000m Walk
Eric Kemsley M70 New Zealand 5000m Walk
John Nottle M70 Australia 5000m Walk
John Zeleznikow M75 Australia 5000m Walk

George White M80 Australia 5000m Walk
Patrick Sela M85 Australia 5000m Walk

Jodie Wilson W30 Australia 5000m Walk
Sarah-Amy Rhind W30 New Zealand 5000m Walk
Trish Hibbs W30 Australia 5000m Walk
Roslyn Kirwin W35 Australia 5000m Walk
Dash Newington W40 Great Britain & NI 5000m Walk
Michelle Bray W40 Australia 5000m Walk
Kate Morris W45 Australia 5000m Walk
Vicky Jones W45 New Zealand 5000m Walk
Joy Dale W50 Australia 5000m Walk
Nyle Sunderland W55 New Zealand 5000m Walk
Sandy Hoy W55 Australia 5000m Walk
Ann Jugovic W60 Australia 5000m Walk
Anne Weekes W60 Australia
Donna-Marie Elms W60 Australia
Antoinette Woodward W65 Australia
Jenn McLean W65 Australia
Julie Wilson W70 Australia
Karyn O'Neill W70 Australia
Liz Neubauer W70 Australia
Jacqueline Wilson W75 New Zealand
Marlene White W75 New Zealand
Daphne Jones W80 New Zealand
Gwen Steed W80 Australia
Lynne Schickert W80 Australia
Noela McKinven W80 Australia
Judith Kenyon W85 Australia

ATHLETE PACK COLLECTION

Athlete packs include competition bibs and must be collected before your first event. The OMA2025 **Registration Area will be located on the ground floor of the main QSAC building.**

Collection dates & times in September

Fri 5 – 12:00pm to 6:00pm

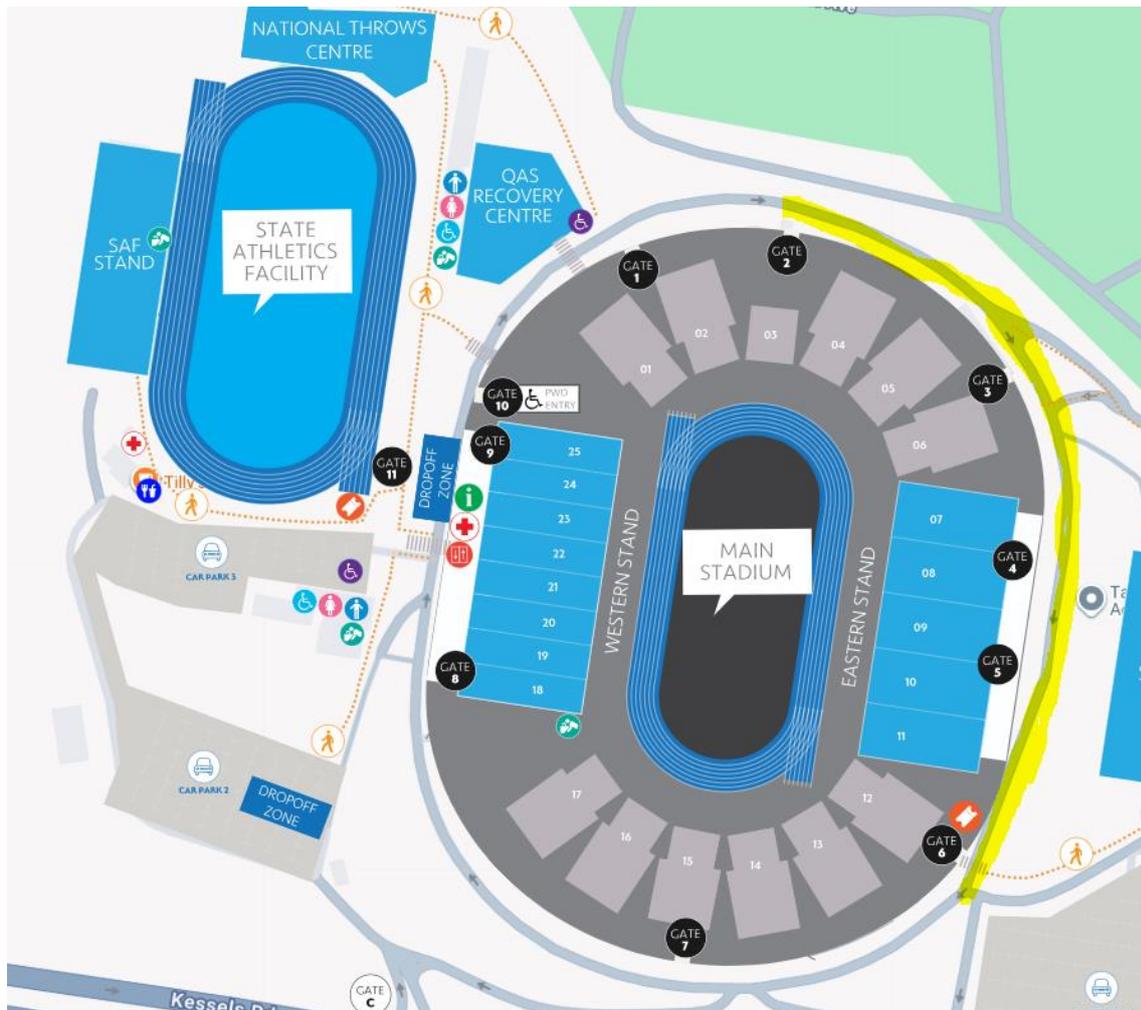
Sat 6 – 7.30am to 3:00pm

Sun 7 – 7.30am to 3:00pm

Mon 8 – 8:00am to 3:00pm

Tue 9 – 8:00am to 3:00pm

www.oceania-masters-athletics.org



The 10km road course is a 1km loop starting & finishing adjacent to Gate 2 at the northern end of the main stadium. The turning point at the 500-metre mark is near Gate 6. There are toilets under the stand accessed through Gate 2.

If you can't pick up your race numbers on Friday, they will be available on Saturday morning from 7.30am inside the main reception area where the **Green I** is on the map (not more than 150 metres from the race start line).

RESULTS RESULTS RESULTS

QRWC Club Championships

August 31st Beenleigh

Open & Masters 10km

Men (1) Ignacio Jimenez 49.51 (2) Peter Bennett 1.06.02 (3) Dean Nipperess 1.06.10 (4) Simon Cartwright 1.22.26 (5) Patrick Sela 1.34.59. Paul Lindenberg DNS.

Women: (1) Nyle Sunderland 1.05.37 (2) Trish Hibbs 1.12.28 (3) Joy Dale 1.17.30 (4) Kate Morris 1.24.55 (5) Noela McKinven 1.37.23. Roslyn Kirwin DNS Anne Weekes DNS.

U20 8km

Men: (1) Alex Bradley 42.27

Women: (1) Phoebe Chadwick 47.47

U18 6km

Men: (1) Kai Dale 34.43

Invitation: Women: Anne Weekes 40.38

U16 4km

Men: (1) Noah Cooke 19.15. Corey Lockwood DQ

Women: (1) Eliza Kelly 22.16 (2) Kiara Waterman 28.11

U14 2km

Men: (1) Lachlan Moore 9.36 (1) Leo Ramsay 11.43.

Women: (1) Amelia Chisholm 11.26 (2) Elspeth Hooper 11.37 (3) Violetta Boyd 12.00 (4) Violet Conway 12.07 (5) Savannah Dunleavy 13.20 (6) April Kelly 14.48.

U12 1.5km

Men: (1) Hayden Robertson 7.52.

Women: (1) Clara Hermus 8.40 (2) Bella Sansom 8.42. Izzy Blackburn DQ.

U10 0.75km

Men: (1) Yoshua Lee 4.10 (2) Connor Robertson 6.11.

Women: (1) Lilli Chu 4.09 (2) Luna Boyd 4.47 (3) Eliza Park 4.55 (4) Harper Waterman 6.54.

Judge's Reports

As there were only two judges, Local Rules apply i.e. 2 red cards from different judges for disqualification

191 k

312 k

416 c

428 kKC DQ

432 k

434 kK

446 cC

502 k

507 kKcC DQ

508 k

514 k

524 k

525 k

Congratulations to our Club Champions for 2025 and well done to all those who turned out to compete at Beenleigh on Sunday. Thank you to our race judges, time keepers and lapscorers and to Kai for his Cool demeanor on the bbq when under pressure from the hungry hordes.

QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025* – 30 SEPTEMBER 2026

***season to open early for All Schools in 2025 on 01 September**

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Membership Options

Membership Level	Cost (plus club fee*)	QA Shield Meet Entry	QA Championship Entry	Cross Country Series	Eligible for QLD Team?
Platinum	\$250	FREE	\$10/event	\$12	✔ Yes (All events)
Gold	\$150	\$18	\$22/event	\$12	✔ Yes (All events)
Base & Qrun	\$12	\$32	\$32/event	\$12	✘ Not eligible

Non-Competing Members

Role	QA Fee	Notes
Volunteer	\$0	Club volunteers for operations & comps
Committee Member	\$0	Must be registered members
Official	\$0	Must be accredited with Australian Athletics
Coach	\$0	Must be registered and accredited

◆ **Blue Card Required** (Working with Children Check)

📍 Check with your club or visit bluecard.qld.gov.au

Queensland Athletics Track Season

November 1st QSAC 3,000 metres

November 8th UQ 5,000 metres QA Championships

November 29th QSAC 3,000/5,000 metres

January 11th QSAC 3,000/5,000 metres

January 17th QSAC 3,000/5,000 metres

February 21 QSAC 3,000 metre / 10,000 metres QA Championships

February 28th UQ 3,000 Metre Championships

March 7th QSAC 3,000/5,000 metres

March 25th QSAC 5,000 metres

GET READY FOR OUR END OF SEASON DAY

QRWC Relay/Trophy/BBQ Day Sunday September 14th

Dowse Lagoon, Brighton Road, Sandgate

9.00am 4 x 1,500 metre Relay

For the relays please be ready to compete by 9am as we need to finalise handicaps, teams and your competing order in your team. All this takes time and we want teams to be started by 9.30am.

The Relay This is a handicapped relay, so it is not really about being the fastest. Get your team together now and come up with an apt team name. You don't have to be a competitive walker to take part so this is the opportunity for all parents, coaches, judges, volunteers and other family members to have a go.

There will be a sheet at the Sign In desk to nominate your team or if you wish to be allocated to a team OR enter via the online portal

[2025 Queensland Race Walking Club Relay - Old Race Walking Club - revolutioniseSPORT](#)

10.00am – 12.00am BBQ & Presentations

TROPHIES All the medals from the QRWC track championships, Grade Handicap points trophies, Club Road Walk championships trophies and the perpetual trophies will be presented.

RAFFLES For a bit of fun and to raise some money for the club we have a tradition of having a multi draw raffle at the lunch.

If you would like to donate a raffle prize (check your cupboards for any unwanted Christmas gifts or “surplus” bottles of wine) we would be pleased to hear from you or bring them along to Kalinga Park on Sunday or at the Beenleigh Club Championships.

LUNCH We will be having a BBQ lunch following the relays. The club will provide the BBQ fare.

- If you would like to help out in the food department, please let Noela know noelarhoda@gmail.com
- We do ask if members could please bring along a plate to share for dessert or a fruit platter is always welcome.
- Light beer & soft drinks will be in sale. Please bring along your deck chairs or a picnic rug.
- **The cost will be: \$15 a single, \$25 for two or \$35 for a family of 3 to 5. Additional family members at the single rate.**

- Register and pay for the lunch online at [2025 Presentation Day Lunch and Awards - Old Race Walking Club - revolutioniseSPORT](#) or email Noela noelarhoda@gmail.com to let her know you will be attending

CRITERIA FOR QRWC PERPETUAL TROPHIES

Male

Age Distance First Presented Criteria

David Smith Shield Open 20km 2007 20km stated as Dave Smith race

Open Men's 15km Open 15km 1978 Stated as 15km Championship

Open Men's Cup Open 10km 1978 Club 10km Championship

U14 Boys 12,13yrs 2km 2019 Club Championships

U12 Boys 10,11 1.5km 2019 Club Championships

U10 Boys not yet 10yrs .75km 2019 Club Championships

Under 18 Men's 10km Any male club athlete who is not yet 18 at the time of achieving the best 10km time of the season. Not restricted to the “U18 Group” First presented in 2019

Under 16 Boys 5km Any male club athlete who is not yet 16 at the time of achieving the best 5km time of the season. Not restricted to the “U16 Group” First presented 2014

Female

Open Women 15km Shield

Open 15km 2019 Stated as 15km Championship

Open Women 10km Open 10km 2019 Club Championships

Under 20 Women 18,19 8km 2019 Club Championships

U16 Girls 14,15 4km 2019 Club Championships

U14 Girls 12,13 2km 2016 Club Championships

Under 12 Girls 10,11 1.5km 1979 Club Championships

Under 18 Girls 5km Any female club athlete who is not yet 18 at the time of achieving the best 5km time of the season. Not restricted to the “U18 Group” First presented in 1982

Under 10 Girls Any girl who is not yet 10 and has been friendly and helpful in the Club. First presented in 1991. If no suitable candidate – not presented.

Bill Cook Trophy for Team winning the Fun Relay. First presented 1981

Most Outstanding Member. This is our most prestigious trophy and is not restricted to athletes. No member can hold it for consecutive years, but may be judged by the Committee for further years that are not consecutive. If no suitable candidate for the year, it will not be presented. First presented in 2016.

QRWC HANDICAP TROPHIES

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. Starting points are awarded for starting the event. Completed points are awarded for finishing the race distance. The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

World Athletics Championships – Tokyo 25

September 13th

08:00am M 35 Kilometres Race Walk

08:00am W 35 Kilometres Race Walk

September 20th

07:30am W 20 Kilometres Race Walk

09:50am M 20 Kilometres Race Walk

Australian team for the 2025 World Athletics Championship

Men

20km Race Walk: Rhydian Cowley (VIC), Declan Tingay (VIC), Tim Fraser (ACT)

35km Race Walk: Rhydian Cowley, Will Thompson (VIC), Mitchell Baker (ACT)

20km Race Walk: Rebecca Henderson (VIC), Elizabeth McMillen (NSW), Alexandra Griffin (WA)

35km Race Walk: Olivia Sandery (SA), Rebecca Henderson, Allanah Pitcher (NSW)

Notes:

Jemima Montag (20km Race Walk) previously announced her withdrawal due to injury.

Elizabeth McMillen was also announced in the 35km Walk and has withdrawn in favour of focussing on the 20km Race Walk

When the spotlight shines on athletes at the World Athletics Championships in Tokyo a dedicated team of Australians are also at the heart of the action, ensuring the competitions run with precision, fairness and integrity.

These officials carry the same green and gold pride as the athletes they support, demonstrating that Australia's influence on world sport extends far beyond medals and results.

In Tokyo, **Helen Roberts** (QLD), serving as a World Athletics Referee, ensures every event adheres to the rules of competition, while **Zoe Eastwood-Bryson** (SA) lends her expertise as a Race Walking Judge, where sharp eyes and technical knowledge are essential.

North Queensland Championships
26th – 28th of September Townsville Sports Precinct



Race Walks Friday 26th

Draft programme from 5pm

10 years M/W 800 metres

11 years M/W 1,500 metres

12 years M/W 1,500 metres

13 years M/W 1,500 metres

U14 M/W 3,000 metres

U16 M/W 3,000 metres

U18 M/W 5,000 metres

U20 M/W 5,000 metres

Open M/W 5,000 metres

Masters M/W 1,500 metres

[NQ Championships – Athletics North Queensland](#)

Queensland Athletics All Schools

October 2 - October 5

The only selection trial for the Australian All Schools Championships in Melbourne.

All entries close on the 22nd September

All competing athletes must be registered for the 2025/26 season

Thursday October 2nd

3:30pm Under 14/15/16 Female 3000m Walk

4:00pm Under 14/15/16 Male 3000m Walk

4:30pm Under 17/18 Female/Male 5000m Walk

Australian Marathon Race Walking Championships

Saturday, 29 November Stromlo Forest Park, Canberra

Saturday, 29 November, the inaugural [Australian Marathon Walks Championships](#); the first event of its kind in the country, will be held over the full marathon distance of 42.195km.

The event is open to both senior men and women. Athletes should only enter if they expect to finish under 4:10.

2025 Australian All Schools Athletics Championships Melbourne December 4-7th

Following the unforgettable success of last year's Chemist Warehouse Australian All School Athletics Championships, Australian Athletics is excited to announce Lakeside Stadium as the next host for the nation's premier school-aged athletics meet.

The 2025 edition will take place from 4-7 December, with the National Schools Challenge taking place the following day on December 8th.

Australian All Schools Championships - Draft Timetable as at 25 June 2025

04-12-2025

17:15 Female 3000m Race Walk U14 Final

17:40 Male 3000m Race Walk U14 Final

18:05 Female 5000m Race Walk U18 Final

18:05 Female 5000m Race Walk U17 Final

19:05 Male 5000m Race Walk U18 Final

19:05 Male 5000m Race Walk U17 Final

06-12-2025

17:10 Female 3000m Race Walk U16 Final

17:10 Female 3000m Race Walk U15 Final

18:10 Male 3000m Race Walk U16 Final

18:10 Male 3000m Race Walk U15 Final

2026



Blue Cards

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.

This is not only a matter of compliance, but also a fundamental part of maintaining a safe and trusted environment for all participants. Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000.

[Individuals requiring a blue card](#) | [Your rights, crime and the law](#) | [Queensland Government](#).

If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator bluecardqrwc@gmail.com

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

Handicap Points - What does it all mean?

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season. For each grade the following table indicates the points to be allocated for each week's handicap races for males and females.

Grade	Start Points	Completed Points	Best Season Performance	Handicap Points
A	8	21	29	57,54,51,48,45,42,39
B	7	17	24	47,44,41,38,35,32,29
C	5	14	19	37,34,31,28,25,22,19
D	4	10	14	27,25,23,21,19,17,15
E	2	7	9	17,15,13,11,9,7,5
F	1	3	4	7,6,5,4,3,2,1

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The **Best Season Performance**. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To be eligible for Handicap Trophies a member must participate in a minimum of 50% of designated Handicap Races during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points while the member placed 7th, based on the handicap results, receives the least points, thus a member winning the handicap for the A grade men could be awarded a maximum of 115 points.

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins

Registrar: S Dale

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media P Chadwick
Results R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer. Ignacio Jimenez & Noela McKinven
Canteen Convenor R Wales, J Dale
Blue Card Co-ordinator B Gannon
Club Captains: Phoebe Chadwick, Alex Bradley
Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

WOOLWORTHS SUPPORTS QRWC

[Woolworths](#) has very kindly and generously provided the QRWC with a **\$500**

Woolworths eGift Card in recognition of what the QRWC does to foster local sport and community spirit here in Queensland. This will be used for the benefit of all of our athletes as we continue to promote the positive impacts of exercise and healthy nutrition.

Thank you **#WoolworthsSportsGrants**